

**SILLIMAN UNIVERSITY
DUMAGUETE CITY**

School/College: College of Education

Program Name: BACHELOR OF PHYSICAL EDUCATION

(Guidelines for the Implementation of CMO 80 s. 2017 this PSG implements the "shift to learning competency-based standards/outcomes-based education" in response to the 21st century Philippine Education framework).

Curriculum Year: 2018-2019

First Year

First Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 11	The Child & Adolescent Learner & Lrng. Principles (with FS 1)	4		4	
GE 1	Understanding the Self	3		3	
GE 3	The Contemporary World	3		3	
GE 5	Purposive Communication	3		3	
GE 7	Science, Technology & Society	3		3	
GE 9	The Life & Works of Jose Rizal	3		3	
CHS 1	Rdg. & Interpreting the Hebrew Scriptures	3		3	
NSTP 1	National Service Training Program	3		3	
PE 1	Physical Fitness & Swimming	2		2	
PEP 1	Personal Enhancement Program	NC		NC	
	Total			27	

Second Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 12	Bldg. & Enhancing New Literacies Across the Curriculum	3		3	
ALA	Augmentation Lrng. Activities	NC		NC	
GE 2	Readings in Phil. History	3		3	
GE 4	Mathematics in the Modern World	3		3	
GE 6	Art Appreciation	3		3	
GE 8	Ethics	3		3	
GE 10	Whole Person Education (WPE)	3		3	
CHS 2	Rdg. & Interpreting the Christian Scriptures	3		3	
NSTP 2	National Service Training Program	3		3	
PE 2	Physical Education (Individual Sports)	2		2	
PEP 2	Personal Enhancement Program	NC		NC	
	Total			26	

Second Year

First Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 31	Technology for Tchg & Lrng 1 (with FS 3)	4		4	
ED 33	Assessment of Learning 1	3		3	
ED 35	Facilitating Learner-Centered Tchg. (with FS 2)	4		4	
SPE 31	Philosophical & Socio-anthropological Found. of PE & Sports	3		3	
SPE 33	Anatomy & Physiology of Human Movements	3		3	
SPE 35	Phil. Traditional Games & Sports	3		3	
GE 11	Sinesosyedad	3		3	
PE 3	Physical Education (Dual Sports)	2		2	
	Total			25	

Second Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 32	Foundation of Special & Inclusive Education	3		3	
ED 34	Assessment of Learning 2 (with FS 5)	4		4	
ED 36	The Teacher & the School Curriculum (with FS 4)	4		4	
SPE 32	Physiology of Exercise & Physical Activity	3		3	
SPE 34	Philippine Traditional Dances	3		3	
SPE 36	Individual – Dual Sports & Philippine Games	3		3	
SPE 38	Coordinated School Health Education Program	3		3	
TTL 2	Technology for Tchg & Lrng. 2 - (Technology Application in Teaching PE & Health Education Including Instructional Materials Dev't)	3		3	
PE 4	Physical Education (Team Sports)	2		2	
	Total			28	

SPE 62 (Prin. Of Motor Control & Lrng Exercise, Sports & Dance) 3 _____
 SPE 63 (Applied Motor Control & Lrng of Exercise, Sports & Dance) 3 _____
Total 6

Summer

3 _____
 3 _____
6

Third Year

First Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
SPE 51	International Dance & Other Forms	3		3	
SPE 53	Administration & Management of PE & Health Education	3		3	
SPE 55	Drug Education, Consumer Health & Healthy Eating	3		3	
SPE 57	Swimming & Aquatics	3		3	
ED 59	The Teaching Profession (with FS 6)	4		4	
SPE 59	Personal, Community & Environmental Health	3		3	
SPE 61/ ED 65	Research 1	3		3	
	Total			22	

Second Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
SPE 52	Emergency Preparedness & Safety Management	3		3	
SPE 54	Curriculum & Assessment for PE & Health Education	3		3	
SPE 56	Contemporary Issues in PE, Health & Sports	3		3	
SPE 58	Team Sports (Soccer, Basketball, Volleyball & Softball) Non-Traditional: Ultimate, Handball, Futsal	3		3	
SPE 60	Sports & Exercise Psychology	3		3	
ED 62	The Teacher & the Community, School Culture & Organizational Leadership	3		3	
GE 12/CHS 3	Ethics of Christian Faith	3		3	
	Total			21	

SPE 64 (Movement Education) 3 _____
 SPE 65 (Process of Teaching PE & Health Educ.) 3 _____
Total 6

Summer

Fourth Year

First Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 71	Teaching Internship	6	3	6	
	Total			6	

Second Semester

Subject Code	Course Title	lec	lab	Units	Pre-req.
ED 72	Teaching Internship	6	3	6	
	Total			6	