

**BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS CURRICULUM**  
SY 2023-2024

**FIRST YEAR COURSES**

| First Semester |                                                |       |     |           |
|----------------|------------------------------------------------|-------|-----|-----------|
| CODE           | TITLE                                          | UNITS |     |           |
|                |                                                | LEC   | LAB | Total     |
| ND 11          | Basic Foods                                    | 2     | 1   | 3         |
| CHS 1          | Reading and Interpreting the Hebrew Scriptures | 3     | -   | 3         |
| CHEM 17        | Biochemistry                                   | 4     | 1   | 5         |
| Bio 50         | Anatomy and Physiology                         | 3     | 2   | 5         |
| GE 1           | Understanding the Self                         | 3     | -   | 3         |
| GE 2           | Readings in Philippine History                 | 3     | -   | 3         |
| PE 1           | Physical Fitness and Swimming                  | 2     | -   | 2         |
| NSTP 1         | National Service Training Program              | 3     | -   | 3         |
| PEP 1          | Personality Enhancement                        | -     | -   | NC        |
| TOTAL:         |                                                |       |     | <b>27</b> |

| Second Semester |                                   |       |     |           |
|-----------------|-----------------------------------|-------|-----|-----------|
| CODE            | TITLE                             | UNITS |     |           |
|                 |                                   | LEC   | LAB | Total     |
| ND 12           | Basic Foods II                    | 2     | 1   | 3         |
| ND 14           | Basic Nutrition                   | 3     | 2   | 5         |
| BIO 84          | Food Microbiology & Parasitology  | 2     | 1   | 3         |
| ACCTG 1         | Accounting                        | 3     | -   | 3         |
| GE 3            | The Contemporary World            | 3     | -   | 3         |
| GE 4            | Mathematics in the Modern World   | 3     | -   | 3         |
| PE 2            | Physical Education                | 2     | -   | 2         |
| NSTP 2          | National Service Training Program | 3     | -   | 3         |
| PEP 2           | Personality Enhancement           | -     | -   | NC        |
| TOTAL:          |                                   |       |     | <b>25</b> |

**SECOND YEAR COURSES**

| First Semester |                                  |       |     |           |
|----------------|----------------------------------|-------|-----|-----------|
| CODE           | TITLE                            | UNITS |     |           |
|                |                                  | LEC   | LAB | Total     |
| ND 21          | Meal Management                  | 2     | 1   | 3         |
| ND 23          | Nutritional Assessment           | 2     | 1   | 3         |
| BIO 37         | Biometry/Biostatistics           | 3     | -   | 3         |
| PSYCH 23       | Development Psychology           | 3     | -   | 3         |
| GE 5           | Purposive Communication          | 3     | -   | 3         |
| GE 6           | Art Appreciation                 | 3     | -   | 3         |
| ENTREP 11      | Elective 1: Entrepreneurial Mind | 3     | -   | 3         |
| PE 3           | Physical Education               | 2     | -   | 2         |
| AMS 1          | Academic Majors' Summit 1        | -     | -   | NC        |
| TOTAL:         |                                  |       |     | <b>23</b> |

| Second Semester |                                  |       |     |           |
|-----------------|----------------------------------|-------|-----|-----------|
| CODE            | TITLE                            | UNITS |     |           |
|                 |                                  | LEC   | LAB | Total     |
| ND 22           | Foodservice Systems I            | 3     | 2   | 5         |
| ND 24           | Fundamentals of Food Technology  | 2     | 1   | 3         |
| ND 26           | Nutrition Care Process           | 3     | -   | 3         |
| ND 28           | Nutrition in the Life Stages I   | 2     | 1   | 3         |
| ED 16           | Principles & Strategies Teaching | 3     | -   | 3         |
| ELS 22          | English (Technical Writing)      | 3     | -   | 3         |
| GE 8            | Ethics                           | 3     | -   | 3         |
| PE 4            | Physical Education               | 2     | -   | 2         |
| TOTAL:          |                                  |       |     | <b>25</b> |

**THIRD YEAR COURSES**

| First Semester |                                             |       |     |           |
|----------------|---------------------------------------------|-------|-----|-----------|
| CODE           | TITLE                                       | UNITS |     |           |
|                |                                             | LEC   | LAB | Total     |
| ND 31          | Food and Nutrition Research I               | 2     | 1   | 3         |
| ND 33          | Nutrition Therapy I                         | 2     | 1   | 3         |
| ND 35          | Foodservice Systems II                      | 3     | 2   | 5         |
| ND 37          | Nutrition in the Life Stages II             | 2     | 1   | 3         |
| ND 39          | Public Health Nutrition                     | 3     | 1   | 4         |
| GE 7           | Science, Technology, and Society            | 3     | -   | 3         |
| GE 10A         | Whole Person Education                      | 3     | -   | 3         |
| CHS 2          | Reading & Interpreting Christian Scriptures | 3     | -   | 3         |
| AMS 2          | Academic Majors' Summit 2                   | -     | -   | NC        |
| TOTAL:         |                                             |       |     | <b>27</b> |

| Second Semester         |                                   |       |     |           |
|-------------------------|-----------------------------------|-------|-----|-----------|
| CODE                    | TITLE                             | UNITS |     |           |
|                         |                                   | LEC   | LAB | Total     |
| ND 32                   | Food and Nutrition Research II    | 2     | 1   | 3         |
| ND 34                   | Nutrition Therapy II              | 2     | 1   | 3         |
| ND 36                   | Nutrition Education               | 2     | 1   | 3         |
| GE 9                    | Rizal's Life, Works, and Writings | 3     | -   | 3         |
| GE 11                   | Environmental Health              | 3     | -   | 3         |
| GE 12/ <sup>CHS 3</sup> | Christianity and Peace Building   | 3     | -   | 3         |
| ECON 23                 | Health Economics                  | 3     | -   | 3         |
| PHILO 12                | Logic                             | 3     | -   | 3         |
| TOTAL:                  |                                   |       |     | <b>24</b> |

| Midyear Term |                         |       |     |       |
|--------------|-------------------------|-------|-----|-------|
| CODE         | TITLE                   | UNITS |     |       |
|              |                         | LEC   | LAB | Total |
| ND 40        | Critical Care Nutrition | 2     | 1   | 3     |

**FOURTH YEAR COURSES**

| First Semester |                                                                  |       |     |           |
|----------------|------------------------------------------------------------------|-------|-----|-----------|
| CODE           | TITLE                                                            | UNITS |     |           |
|                |                                                                  | LEC   | LAB | Total     |
| AMS 3          | Academic Majors' Summit 3                                        | -     | -   | NC        |
| ND 41N         | Practicum I (600H)                                               | -     | 12  | 12        |
| ND 43N         | Seminar on Recent Issues and Trends in Nutrition and Dietetics I | -     | -   | NC        |
| TOTAL:         |                                                                  |       |     | <b>12</b> |

| Second Semester |                                                                   |       |     |           |
|-----------------|-------------------------------------------------------------------|-------|-----|-----------|
| CODE            | TITLE                                                             | UNITS |     |           |
|                 |                                                                   | LEC   | LAB | Total     |
| ND 42N          | Practicum II (600H)                                               | -     | 12  | 12        |
| ND 44N          | Seminar on Recent Issues and Trends in Nutrition and Dietetics II | -     | -   | NC        |
| TOTAL:          |                                                                   |       |     | <b>12</b> |