

CERTIFICATE PROGRAMS IN PSYCHOLOGY 2020

The Psychology Department offers five non-degree certificate programs that are multidisciplinary in orientation and responsive to the needs of our students and various sectors of the community. These programs are aimed at making our students and graduates “readily employable and can create jobs; conversant, concerned and involved with social issues; ready to assume leadership roles..” (SUMMA document).

Cross Enrollment Requirements:

1. Letter of endorsement from their college or Cross-Registration Form.
2. With a passing grade of 2.5 in GE 1 (Understanding the Self).
3. To be considered in good standing, a student must maintain a “2.5” grade in Psychology 11 and an average of “2.5 in” all core course subjects throughout his/her period of study. In addition, the student must also maintain a “2.0” average in all elective courses.

Certificate courses as a ladderized option

The ladderized option will allow students taking the certificate courses to progress into the BS Psychology program. Those who are transitioning or shifting from other departments or colleges must:

1. Have a QPA of at least 2.5
2. For non-STEAM and non-HUMMS, have taken the following augmentation learning activity (ALA) requirement for BS Psychology program and gets a minimum cumulative grade of 2.0 or higher:
 - Biology 11
 - Math 1 and Math 2
 - Chemistry 13
 - Physics 11

Note: The Department of Psychology no longer implements the augmentation learning activity (ALA) for Non-STEM or STEAM and Non-HUMMS Strand enrollees. However, students will have the option to enroll in academic programs that offer ALA, then shift to BS Psychology when these ALA subjects are accomplished.

3. Accomplish a shifting form
4. Accomplish a set of entrance essays.
5. An interview by the Chair of the Department.

Certificate in Psychology (18 units)

CORE Courses (9 units)

<u>Course</u>	<u>Units</u>
Psychology 11 Introduction to Psychology	3
Psychology 21 Theories of Personality*	3
Psychology 23 Developmental Psychology*	3

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
Psychology 22 Physiological Psychology**	3
Prerequisites: Biology 11 Zoology	5
Biology 13 General Botany	5
Psychology 35 Social Psychology**	3
Psychology 36 Abnormal Psychology**	3
Psychology 37 Cognitive Psychology**	3
Psychology 38 Filipino Psychology*	3

*Pre-requisite – Psychology 11

**Pre-requisites –Psychology 11 and Psychology 21

Certificate in Gender Studies (18 units)

Gender studies is an interdisciplinary academic field devoted to analyzing gender identity and gender representation. It includes women’s studies (concerning women, feminism, gender, and politics), men and queer studies.

Core Courses (9 units)

<u>Course</u>	<u>Units</u>
Psychology 11 Introduction to Psychology	3
Psychology 14 Gender and Sexuality	3
Psychology 21 Theories of Personality*	3

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
Psychology 81 Gender and Peace	3
Psychology 82 Seminar in Women’s Studies	3
Psychology 83 Intro to Queer Theory	3
Psychology 84 Gender and Law	3
Psychology 85 Language and Gender (same as ELS 52; formerly Women, Literature, and Arts)	3
Psychology 86 Feminist Counseling	3
Psychology 87 Gender and Religion	3
*Pre-requisite – Psychology 11	

Certificate in Personnel Psychology (18 units)

This certificate program is intended for undergraduate students to deepen their understanding at applying psychological theories and principles to organizations. It focuses on increasing workplace productivity and related issues such as the physical and mental well-being of employees, as well as dealing with recruitment, selection and evaluation of personnel, and other job aspects such as morale, job satisfaction, employment testing, employment interview, employee training and relationships between managers and workers in the workplace.

Core Courses (9 units)

<u>Course</u>	<u>Units</u>
Psychology 11 Introduction to Psychology	3
Psychology 21 Theories of Personality*	3
Psychology 23 Social Psychology**	3

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
Psychology 12 Business Psychology*	3
Psychology 34 Industrial Psychology**	3
Psychology 38 Filipino Psychology*	3
Psychology 73 Fundamentals of Management (same as Mgt 11)	3

**by request*

Psychology 74 Digital Business and Digital Economy (same as BA-Econ 37P; Pre-requisite ABM 2 or Mgt 11)	3
Psychology 75 Human Resource Management (same as BA 33 C; pre-requisite ABM 2 or Mgt 11)	3
Psychology 76 Customer Relations in Governments (same as PA 31)	3

*Pre-requisite – Psychology 11
**Pre-requisite – Psychology 11 and Psychology 21

Certificate in Health Psychology (18 units)

This certificate program aims at gaining deep understanding on how psychological, behavioral, and cultural factors contribute to physical health, mental health and illness. This certificate is for undergraduate and graduate students who would want to enhance their knowledge about complex problems of health and healthcare from a psychological perspective and application.

Core Courses (9 units)	<u>Units</u>
<u>Course</u>	
Psychology 11 Introduction to Psychology	3
Psychology 21 Theories of Personality*	3
Psychology 27 Health Psychology*	3

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
Psychology 23 Developmental Psychology*	3
Psychology 32 Physiological Psychology**	3
Prerequisites: Biology 11 Zoology	5
Biology 13 General Botany	5
Psychology 36 Abnormal Psychology**	3
Psychology 95 Basic Nutrition (same as ND 14)	6
Prerequisites: Chemistry 17	5
(Organic Chem and Bio-Chem)	
Psychology 96 Intro to Genetics (same as Bio 24)	5
Prerequisites: Biology 11 Zoology	5
Biology 13 General Botany	5
Psychology 97 Preventive Community Health and Epidemiology (same as Bio 52)	3
Prerequisites: Gen Bio 1 & Gen Bio 2	
Psychology 98 Complementary and Alternative Med (same as Pharma 21)	1

*Pre-requisite – Psychology 11

**Pre-requisite – Psychology 11 and Psychology 21

Certificate in Disaster Psychosocial Management

This certificate program aims at developing an appreciation of psychosocial intervention as a valued element of immediate and long-term disaster management. It recognizes psychosocial recovery is as important as repairing homes and rebuilding bridges. This program is intended for undergraduate and graduate students who would like to enhance their awareness and deepen their participation in effective

post disaster management and psychosocial support programs for strengthening and building the resilience of individuals and communities.

Core Courses (9 units)

<u>Course</u>	<u>Units</u>
Psychology 11 Introduction to Psychology	3
Psychology 21 Theories of Personality*	3
Psychology 38 Social Psychology**	3

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
Psychology 72 Environmental Psychology*	3
Psychology 89 Intro to Disaster Management	3
Psychology 90 Trauma Awareness and Resiliency	3
Psychology 91 Conflict Transformation	3
Psychology 92 Intro to Trauma Healing	3
Psychology 93 Foundations of Playback Theater	3
Psychology 94 Sports for Individuals and Communities In Crisis	3
Psychology 99 Earth Science (same as Physics 25)	3

*Pre-requisite – Psychology 11

**Pre-requisite – Psychology 11 and Psychology 21

The Certificate in Sport and Exercise Psychology

The Certificate in Sport and Exercise Psychology is offered to Silliman undergraduate students who wish to enhance their knowledge in Sport and Exercise Psychology. While the certificate is awarded by the Department of Psychology, this program is a collaboration between the Department of Psychology and Department of Physical Education. While students from other departments can avail of this certificate, this is primarily designed for the psychology and physical education students.

Core Courses (9 units)

The student is required to take the following core courses. Psychology 11 or Introduction to Psychology is a required course for Psychology 60 Introduction to SEP.

<u>Course</u>	<u>Units</u>
Psychology 11 Introduction to Psychology	3
Psychology 60 Introduction to Sport and Exercise Psychology history and foundation, personality and motivation in sports and exercise)	3
SPE 31/Psych 62 Philosophical and Sociological Foundations of PE and Sports	3

*pre-requisite to all SPE courses

Electives (minimum of 9 units)

<u>Course</u>	<u>Units</u>
SPE 33/Psych 63 Anatomy and Physiology of Human Movements	3

*pre-requisite to SPE 32

SPE 32/Psych 64 Physiology of Exercise and Physical Activity	3
SPE 55/Psych 65 Drug Education, Consumer Health and Healthy Living	3
SPE 59/Psych 66 Personal, Community and Environmental Health	3
SPE 52/Psych 67 Emergency Preparedness and Safety Management	3
SPE 56/Psych 68 Contemporary Issues in PE, Health and Sports	3
Psychology 14 Gender and Sexuality	3
Psychology 22 Physiological Psychology	3
Prerequisites: Biology 11 Zoology	5
Biology 13 General Botany	5
Psychology 33 Group Dynamics	3
Psychology 27 Health Psychology	3
Psychology 89 Introduction to Disaster Psychosocial Management	3
Psychology 61 The Psychology of Coaching	3