

**REVISED GENERAL SAFETY GUIDELINES FOR THE PREVENTION AND CONTROL  
OF COVID-19 EXPOSURE AND TRANSMISSION AMONG STUDENTS AND  
EMPLOYEES  
OF SILLIMAN UNIVERSITY  
AS AMENDED**

**1. QUARANTINE AND ISOLATION PROCEDURES**

For purposes of these guidelines, close contacts shall be understood as those belonging to the 1st generation (persons exposed to positive cases) who have engaged in any of the following activities: talking, eating, or working together with the positive case within less than 2 meters and for more than 15 minutes. They include those who have closely interacted with the positive case under the aforementioned parameters two days prior to onset of symptoms.

Only close contacts or those experiencing symptoms will be required to self-quarantine or isolate. Close contacts and those exhibiting symptoms are required to notify the following:

University Personnel:

1. Their immediate Head of Office (for referral to SUMC OPD Respiratory Clinic or to the BHERT where they reside)
2. Human Resource Development Office through [hrd@su.edu.ph](mailto:hrd@su.edu.ph) and/or [contact.trace@su.edu.ph](mailto:contact.trace@su.edu.ph)
3. University Clinic (for referral to SUMC OPD Respiratory Clinic or to the BHERT where they reside)
4. Barangay Health Emergency Response Team (BHERT) of the barangay where they reside

Students:

1. Their Dean/Director (for referral to SUMC OPD Respiratory Clinic or to the BHERT where they reside)
2. The Office of Student Services (for referral to SUMC OPD Respiratory Clinic or to the BHERT where they reside)
3. University Clinic (for referral to SUMC OPD Respiratory Clinic or to the BHERT where they reside)
4. Barangay Health Emergency Response Team (BHERT) of the barangay where they reside

All individuals who are either quarantined or isolated must submit a quarantine/isolation completion certificate issued by the barangay or attending physician at the end of the quarantine or isolation period to the OD & HRM Office by sending a scanned or photographed copy to [hrd@su.edu.ph](mailto:hrd@su.edu.ph). The hardcopy of the

certificate must also be shown upon initial entry for inspection by the triage personnel at the gates.

## **A. PROBABLE CASES**

### **a. Asymptomatic Close Contact**

- For fully vaccinated individuals, quarantine for **5 days** from exposure days while wearing well-fitted mask and, if symptoms develop, isolate immediately and follow isolation protocol with strict adherence to the Minimum Public Health Standards (MPHS).
- For partially or unvaccinated individuals, quarantine for **14 days** from exposure for symptom monitoring, if symptoms develop, isolate immediately and follow isolation protocol with strict adherence to the Minimum Public Health Standards (MPHS) and follow guidelines for symptomatic cases.
- Asymptomatic close contact that are fully vaccinated and remained without symptoms for **5 days** from exposure can be reintegrated back to school or work without the need for testing.
- Asymptomatic close contact that are unvaccinated or partially vaccinated and remained without symptoms for **14 days** can be reintegrated back to school or work without the need for testing.

### **b. Symptomatic Close Contact**

- For fully vaccinated individuals, isolation for 7 days from the time of onset of symptoms and can be tested within 3-5 days from onset of symptoms or may follow the instructions of the OPD Respiratory Clinic or BHERT with accompanying clearance or medical certificate.
- For partially or unvaccinated individuals, isolation for 10 days from the time of onset of symptoms and can be tested within 3-5 days from onset of symptoms or may follow the instructions of the OPD Respiratory Clinic or BHERT with accompanying clearance or medical certificate.
- Symptomatic close contact who are fully vaccinated and became without symptoms after 7 days can be reintegrated back to school or work without the need of testing. There shall be no reintegration unless there has been no fever for the past 24 hours without medication and improvement of symptoms.
- Symptomatic close contact who are unvaccinated or partially vaccinated and became without symptoms after 10 days can be reintegrated back to school or work as long as he/she tested negative (RAT or RT-PCR).

## **B. CONFIRMED CASES (RT-PCR Positive): Mild, Moderate, Severe, or Critical Cases**

### a. Mild Cases

#### 1. Positive but asymptomatic

- Isolation for 7 days from date of test for fully vaccinated individuals
- Isolation for 10 days from date of test for partially or unvaccinated individuals
- No testing is required for reintegration of fully vaccinated individuals after their isolation period. However, the individual must continue to monitor for symptoms. There shall be no reintegration unless there has been no fever for the past 24 hours without medication and improvement of symptoms.
- Asymptomatic close contact who are unvaccinated or partially vaccinated and became without symptoms after 10 days can be reintegrated back to school or work without the need of testing.

#### 2. Positive and symptomatic (Mild Cases, Out-patient)

- Isolation for 7 days from date of test for fully vaccinated individuals
- Isolation for 10 days from date of test for unvaccinated individuals
- No testing is required for reintegration of fully vaccinated individuals after their isolation period. However, the individual must continue to monitor for symptoms. There shall be no reintegration unless there has been no fever for the past 24 hours without medication and improvement of symptoms.
- Symptomatic close contact who are unvaccinated or partially vaccinated and became without symptoms after 10 days can be reintegrated back to school or work as long as he/she tested negative (RAT or RT-PCR).

### b. Moderate Cases (Admitted Cases, In-patient)

- Isolation for 10 days from date of test whether fully vaccinated, partially vaccinated, or unvaccinated but not immunocompromised individual (depending on the Attending Physician).
- No testing is required for reintegration of fully vaccinated individuals after their isolation period. However, the individual must continue to monitor for symptoms. There shall be no reintegration unless there has been no fever for the past 24 hours without medication and improvement of symptoms.

- Symptomatic close contact who are unvaccinated or partially vaccinated and became without symptoms after 10 days can be reintegrated back to school or work as long as he/she tested negative. (RAT or RT-PCR).
- c. Severe or Critical Cases (Admitted Cases, ICU-patient)
- Isolation for 21 days from date of test whether fully vaccinated, partially, or unvaccinated, not, or immunocompromised individual (depending on the Attending Physician).
  - No testing is required for reintegration of fully vaccinated individuals after their isolation period. However, the individual must continue to monitor for symptoms. There shall be no reintegration unless there has been no fever for the past 24 hours without medication and improvement of symptoms.
  - Symptomatic close contact who are partially or unvaccinated and became without symptoms after 21 days can be reintegrated back to school or work as long as he/she tested negative (RAT or RT-PCR).

### **C. QUARANTINE OF PERSONS WHO CAME FROM TRAVEL OUTSIDE NEGROS ORIENTAL**

- a. University Personnel (Faculty and Staff) who came from travel outside Negros Oriental are **no longer** required to self-quarantine at home or boarding house provided they are asymptomatic or not manifesting the probable symptoms of a Covid-19 infection.
- b. Those who developed or manifesting the probable symptoms of Covid-19 infection during travel or en route back home or upon arrival are required to consult at the SUMC OPD Respiratory Clinic for proper diagnosis and management and sought a medical certificate or clearance if confirmed as not a Covid-19 case.

### **D. QUARANTINE AND ISOLATION FACILITIES**

The University continues to designate Davao Cottage as an isolation facility for individuals who are exhibiting Covid-19 symptoms. Those who wish to avail of Davao Cottage must notify the following: OD & HRM Office (for University Personnel) and Dean of Students (for Students). They must also notify the BHERT of the barangay they are transferring from for proper endorsement to the receiving barangay (Barangay Looc).

## **2. VACCINATION NO LONGER REQUIRED FOR ENTRY**

In accordance with the July 19 and 31, 2022 advisories of the Covid-19 Crisis Management Group, vaccination, RT-PCR and Rapid Antigen Tests will no longer be required for entry into all areas of the campus.

## **3. TRIAGE**

Notwithstanding the lifting of the vaccination and testing requirements, all persons entering the campus must submit to the new triage/screening process of the University using QR codes/passes.

## **4. OBSERVANCE OF MINIMUM PUBLIC HEALTH AND SAFETY STANDARDS (MPHS)**

All individuals are reminded to observe minimum public health and safety standards such as wearing of masks and regular disinfection of hands notwithstanding the lifting of the vaccination requirement and relaxation of distancing requirements. Students are required to bring their own sanitation kits such as alcohol and hand sanitizers.

## **5. FACE TO FACE ACTIVITIES**

Face to face activities must follow the approval process stated in the May 31, 2022 advisory of the Covid-19 Crisis Management Group.

All previous memos that are not inconsistent with these revised guidelines shall remain in full force and effect.

**FOR EVERYONE'S PROPER GUIDANCE AND STRICT COMPLIANCE**

**COVID-19 CRISIS MANAGEMENT GROUP**  
**Silliman University**